

REGISTRATION:



Certified Sage-ing® Leaders

Name: _____
Address: _____
City/State _____
Zip _____ Phone _____
Email: _____

Conference Fees: AMOUNT
Workshop Fee: \$250 includes
lunch, snacks, materials.
OR Repeat Fee: \$125(for CSL's,
SCF's, others repeating intensive) _____

Walker Center, Howard House
144 Hancock St,
Auburndale, MA 02466
www.Walkerctr.org

Lodging Amount:
Bed & Breakfast
@ \$65/night x ____ = _____

Dinner Fri night @\$13.50 _____
(Optional)

Dinner Sat night @\$13.50 _____
(Optional but recommended)

TOTAL ENCLOSED _____
Send completed registration form and
check made payable to **"Sage-ing Guild"**
By April 8, 2010

to: LILA TERRY
1 6 Chestnut Street
Cambridge, MA 02139
617-491-4703
lindaterry317@comcast.net

Participation in workshop may serve as
prerequisite for Sage-ing® Leader
Certification. Minimum 10/Maximum 18

More info? Contact Pat or Julia,

Pat Hoerltoerfer, MDiv, is a
Unitarian Universalist minister who has
served liberal religious communities on
congregational, district and continental
levels for 35 years. Her Sage-ing
ministry combines education,
spirituality, and creativity in programs
that empower others to find their spirit
and express it openly in their lives. A
genuinely joyful and spirited person,
Pat invites you to come and reflect on
your doing and being and to become
your ideal elder.

phoerltoerfer@metrocast.net 617-
491-4703

Julia Riley, RN, MN, AHN-BC, REACE
has been a nurse for 40 years. Keynote
speaker and author, Julia began her Sage-
ing journey at the death of her parents
when she began life review Her
background in mental health is a
foundation for her commitment to helping
people begin as early as midlife to
approach aging with a sense of wonder and
awe and excitement. Her Sage-ing journey
led her to facilitate expressive arts in
healing for hospice patients and to create
an undergraduate course, Expressive Arts
in Healing, at the University of Tampa.

julia@constantsource.com 941-776-8024

Visit the Sage-ing Guild's website at:

www.sage-ingguild.org

**Youth is a gift of nature,
but Age is a work of art.**
Source unknown

The Sage-ing Guild® ...

transforming the expectations,
conversations and experiences
of aging in our culture.

Presents:

Aging, a Work of Art:



**Invitation to Sage-ing®
Workshop**

April 30 - May 2, 2010

Walker Center
144 Hancock Street
Auburndale, MA 02466
617-969-3919

www.walkerctr.org

Workshop Benefits

- Examine the myths of aging and affirm the elder years
- Connect with one's inner wisdom through growth techniques of psychology and spirituality
- Nourish ourselves physically, emotionally, mentally, socially, and spiritually
- Look at the past as a "life review" and "life repair" with the wisdom of what we know now
- Understand that forgiveness is a gift we give ourselves
- Create peace of mind by doing the legal, medical, fiscal and spiritual preparation as a way of facing one's mortality
- Identify ways for Elders to serve as mentors and healers in society
- Develop one's own vision of self as an Elder

Who should attend?

Mid-lifers, elders, clergy, caregivers, social workers, nurses, educators and anyone who is interested in conscious aging and in exploring new paradigms of aging.

AGENDA

Friday, April 30

7PM Welcome and Opening Ceremony

Saturday, May 1

8:30AM Gathering

Session 1 Images of Aging

Session 2 Life Review

Lunch

Session 3 Life Repair / Life Harvest

Session 4 Gift of Forgiveness

Dinner

Creative Reflections: My Life as a Work of Art

Sunday, May 2

8:30AM Gathering,

Session 5 Facing Mortality

Session 6 Leaving a Legacy

Lunch

Session 7 Mentorships

Guild/Training Information

Elder Closing Circle

3PM Farewell



“Elders are the jewels of humanity that have been mined from the earth, cut in the rough, then buffed and polished by the stonecutter’s art into precious gems that we recognize for their enduring value and beauty. We sense their radiance in our youth, but we cannot contain it. It requires a lifetime’s effort to carve out the multifaceted structure that can display our hidden splendor in all its glory.”

Rabbi Zalman Schachter-Shalomi

